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DIN # NYS

NYSID #

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1 -
    NYS DEPARTMENT OF CORRECTIONS AND COMMUNITY SUPERVISION
3
                   Parole Board Interview
4
                       In the Matter
5
                           -of-
                        DIN #
                       NYSID #
8
    *************
10
    TYPE OF INTERVIEW: Reappearance
11
    LOCATION:
                       Otisville Correctional Facility
                       Videoconferenced to NYS DOCCS
12
                        20 Manchester Road
                        Poughkeesie, New York
13
14
                        September 27, 2017
    DATE:
15
    DECISION DATE:
                        September 27, 2017
16
                        COMMISSIONER E. ALEXANDER
    BEFORE:
                        COMMISSIONER O. CRUSE
17
                        COMMISSIONER C. SHAPIRO
18
                       ORC Goldsmith & ORC Hyatt
19
    ALSO PRESENT:
20
    AT FACILITY:
                       APA Stevens
21
22
                       Lori Ciofalo, Hearing Reporter
    REPORTER:
23
24
25
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DIN #89A1381 NYSID

- 1 COMM. SHAPIRO: Good morning, sir. How
- 2 are you today?
- 3 THE INMATE: Okay, thank you.
- 4 COMM. SHAPIRO: Great. Could you state
- 5 your name for the record, please?
- 6 THE INMATE:
- 7 COMM. SHAPIRO: Thank you. My name is
- 8 Commissioner Carol Shapiro, and with me is
- 9 Commissioner Alexander, and Commissioner Cruse is at
- 10 the far end.
- 11 COMM. CRUSE: How are you, sir?
- 12 COMM. ALEXANDER: Hello, sir.
- 13 THE INMATE: Good morning.
- 14 INTERVIEW BY COMMISSIONER SHAPIRO:
- 15 Q. Sir, correct me if I'm wrong, but this is your
- 16 seventh appearance before the Parole Board.
- 17 A. Yes, ma'am.
- 18 Q. Okay. So I have here the instant offense,
- 19 which I'm sure you've talked about, over the years,
- 20 since you have been incarcerated.
- 21 For the record, in December,
- 22 1987, in your home, you strangled your wife to death
- 23 following a dispute. You wrapped her body, then, in
- 24 garbage bags and dumped her in a field. You reported
- 25 her missing. You participated in a community-wide

- 1 search. There was tremendous media attention, and
- 2 then you were arrested. Is that correct, sir?
- 3 A. Yes, ma'am.
- 4 Q. You continue, which is to your credit, to admit
- 5 guilt and accept full responsibility for your
- 6 actions; is that correct, sir?
- 7 A. Yes, ma'am.
- 8 Q. Could you say a little bit more about that in
- 9 terms of accepting responsibility? What does that
- 10 mean to you?
- 11 A. Years ago --
- 12 Q. Could you speak up just a little bit, please?
- 13 A. Yes, ma'am.
- and I had a volatile relationship, and at
- 15 the time I didn't understand how bad things could be.
- 16 Following death, I couldn't deal very
- 17 well with what I had done. At the time I was
- drinking a lot, and my family felt it would be a good
- 19 idea for me to get away for a while.
- 20 I had gone to stay with my brother in ,
- 21 for about a week, and then I realized that was not
- 22 helping, so I came back to
- Q. Excuse me. Sorry to interrupt you, sir. Just
- 24 to be clear, you went to before or after the
- 25 murder?

- 1 A. After, prior to my arrest.
- Q. Thank you for the clarity.
- 3 A. I told my brother that I had to come home. I
- 4 wasn't dealing with things out there, any better than
- 5 I was dealing with them here, so I came home. The
- 6 following day I got arrested, and I explained what
- 7 had happened.
- A while later I started seeking counseling, in
- 9 the county jail, prior to any of the legal things.
- 10 Again, I wasn't dealing with it well. I didn't know
- 11 how to deal with what I had done.
- 12 I've always taken full responsibility. I've
- 13 always expressed how sorry I was for everything I've
- 14 done, but a couple of years later I realized that
- 15 that was not enough.
- Just saying I'm sorry wasn't enough, and I had
- 17 to live what I felt. I had to realize what was wrong
- 18 with me, that could bring me to that point, so I
- 19 started seeking programs, and more counseling, and
- 20 things that would help me to identify what was wrong
- 21 with me.
- 22 Over the years, I continued to do that. I
- 23 think that taking responsibility -- which is really
- 24 what you asked. I think that taking responsibility
- 25 is more than just saying I know what I did.

- 1 Over the years, it's been an attempt to give
- 2 back. Not that I can take back what I've done, I
- 3 don't mean it like that, but to live a life of
- 4 remorse, to live a life of service to others, and to
- 5 change those things within myself.
- I had to realize that I was possessive of
- 7 I was jealous of other people. It took a long time
- 8 for me to realize that it was not anybody else's
- 9 fault, it was mine. I was the one that was insecure
- 10 and didn't know how to deal with my own issues.
- 11 Q. Thank you for that. Did you have those issues
- 12 of control and jealousy prior to your marriage to
- 13
- 14 A. Yes, I did.
- 15 Q. How was your relationship with your family?
- 16 Did you live with family violence, domestic violence?
- 17 A. Growing up, I had a brother and sister. When I
- 18 was very young my brother went to Vietnam, and my
- 19 sister moved out of the house. When her husband came
- 20 home from Vietnam, they got married.
- 21 So, I lived with my parents. My dad was
- 22 violent. He drank a lot. He took care of the
- 23 family, but he was angry all the time. He took those
- 24 things out on my mom and me, my brother, my sister.
- 25 I never liked that part. I always said he loved me,

- 1 he loved all of us in his own way, but he was mean.
- 2 I guess I ended up doing some of the same stuff he
- 3 did.
- 4 Q. Thank you for sharing that insight. I think
- 5 that's really significant.
- I did read something you wrote, that you
- 7 understood what it felt like to be a victim, having
- 8 lived with domestic violence, and making some
- 9 connections, connecting the dots with your own
- 10 behavior. I just wanted to understand that for-
- 11 myself and for the panel. Thank you.
- I also note that you wrote a very moving letter
- of apology to and which are
- 14 parents. Have you had any contact with the victim's
- 15 family?
- 16 A. Not personally. And just for clarity, is
- mom, and is her uncle.
- 18 Q. Her Uncle yes.
- 19 A. We're not allowed to have personal contact, so,
- 20 no, I have not had personal contact with them.
- 21 The only opportunity I ever had was in court,
- 22 to say I'm sorry to mom
- 23 We had a good relationship. and I had a
- 24 good relationship, and I know this destroyed her.
- 25 Q. It left a hole in her life, yes.

- 1 A. I'm sure nothing I could ever say would make up
- 2 for it, it will never minimize it.
- 3 I'm sorry for the pain. I know that she's
- 4 suffering all the way until today, and I'm sure all
- 5 of them are.
- 6 Q. Thank you. I know it must be very painful,
- 7 because you are, yourself, now, a father; am I
- 8 correct?
- 9 A. Yes.
- 10 Q. How long have you been married?
- 11 A. Actually, I'm divorced right now. I separated.
- 12 My daughter's name is . She's
- 13 nineteen-years old. My relationship with her is
- 14 good. She lives with my mother right now. It's been
- 15 difficult for her.
- 16 O. Does she visit? Is she able to visit?
- 17 A. She does visit. Right now she's having a
- 18 little trouble dealing with this, so she has not
- 19 visited I think since May.
- I used to talk to her every day, every other
- 21 day, but since June I get messages from her through
- 22 my mom. She will yell into the phone, herself, as
- 23 she is passing through.
- I haven't really spoken to her in a couple of
- 25 months, now, but I did have a conversation with her

- 1 on Monday.
- Q. Thank you for sharing that. It's also noted in
- 3 your file that you've had very candid discussions
- 4 with your daughter, about your past behavior, your
- 5 anger issues, family violence, and your crime; is
- 6 that correct?
- 7 A. Yes, ma'am.
- 8 Q. Okay, thank you. I'm sure the separation is
- 9 creating a bit of anxiety for her. Is that what you
- 10 are referring to?
- 11 A. I believe so, and she is nineteen, and she has
- 12 been through previous parole appearances, and she
- 13 always looks forward to it, and that's another thing
- 14 that's stressful.
- 15 Q. Okay, that's certainly understandable. Thank
- 16 you.
- 17 Thank you very much for taking the time and
- 18 putting together this Parole Board packet, it's very
- 19 useful. As you probably know you have an extensive
- 20 amount of support from family, and from friends. You
- 21 have an assurance of employment upon your release.
- We always reach out to the district attorney
- 23 and the judges in these cases for additional
- 24 comments.
- There are no new comments, except from the

- 1 victim's family. So as much as you have this wealth
- of support, there are also people who have been very
- 3 affected by your crime.
- We use, as you probably know, a COMPAS, a risk
- 5 and needs tool. You've seen it, I assume.
- 6 A. Yes.
- 7 Q. You score very low. This is your first time in
- 8 prison, the first time you have ever been convicted
- 9 of anything.
- When was the last time you used alcohol?
- 11 A. Just prior to my arrest, so it has been thirty
- 12 years.
- I know that I can never go back to that. I
- 14 know sobriety must be a part of my life forever. I
- am not blaming anything or anybody but myself, but I
- 16 do know that the use of alcohol can definitely turn a
- 17 bad situation worse.
- I have been sober for thirty years, and I have
- 19 no intention of ever going back.
- Q. I also want to note that the Panel has looked
- 21 through your programs and note that you've completed
- 22 many programs, making use of your time in prison, so
- 23 that's a good job. Thank you.
- Where will you live, if you are granted parole?
- 25 A. I've been offered residence at my mom's house.

- 1 She is away from the community that I come from.
- 3 up towards . My mom owns a small
- 4 four-bedroom cape up there, and she has opened her
- 5 doors for me.
- 6 Q. Because your mother currently lives with your
- 7 daughter, is that arrangement satisfactory with your
- 8 daughter, as well?
- 9 A. Yes, ma'am. Everybody would love nothing more
- 10 than to put the family back together, if possible.
- 11 Q. And your employment is right there, as well.
- 12 Your assurance of employment is in the same
- 13 neighborhood, I believe.
- 14 A. Yes. I've been told it's about a five-minute
- 15 walk down the road.
- 16 Q. I also noted in your record that you have some
- 17 health issues, recently, an ulcer and bleeding. Are
- 18 you feeling okay now?
- 19 A. Yes. I take medication for it. It was
- 20 actually an undetected ulcer, that caused my stomach
- 21 to rupture.
- They saved my life in this facility. They got
- 23 me to the hospital. I spent thirty-nine days in the
- 24 hospital to repair it. Other than that I have
- 25 degenerative hip joint disease. That's the extent of

- 1 it.
- 2 Q. Out of your almost thirty years in prison, what
- 3 would you say is the greatest lesson you take away
- 4 from this time?
- 5 A. I have to say, I think the respect for others
- 6 and respect for others' opinions.
- 7 Other people's right to say what they will is
- 8 not necessarily a reflection on me, and I can't
- 9 personalize these things.
- 10 It's more important to serve others, to have a
- life devoted to service, and to selflessness, as
- 12 opposed to selfishness.
- I recognize that prior to this I was probably
- 14 more selfish than selfless, and there is no success
- in that, because others suffer, I suffer, and I don't
- 16 want to make anybody suffer today.
- 17 Q. Okay, well, thank you for that comment.
- 18 You did note your history, long ago, of alcohol
- 19 abuse. So what's your plan, if you are released, to
- 20 insure you maintain that sobriety, your specific
- 21 plan?
- 22 A. My specific plan, my family helped me to
- 23 compile a meeting list for AA and NA. It's in my
- 24 parole packet.
- 25 Q. Yes, I saw that.

- 1 A. I contacted AA World Services and NA World
- 2 Services, and they've offered to have someone meet
- 3 me, you know, to accompany me to meetings.
- 4 O. That's great.
- 5 A. I also intend, when it comes to that, to seek
- 6 counseling outside of just the fellowship of the
- 7 rooms.
- 8 I find that that fellowship helps me to
- 9 maintain not just sobriety, but to maintain myself.
- 10 My personal growth is encouraged by the fellowships.
- I also want to seek counseling, besides that,
- 12 just for reintegration purposes. I think that will
- 13 also have a direct affect on my sobriety.
- 14 COMM. SHAPIRO: Thank you for that. I'm
- 15 going to turn it over to my colleagues, here.
- Any questions?
- 17 COMM. ALEXANDER: Yes.
- 18 BY COMMISSIONER ALEXANDER:
- 19 Q. Good afternoon, Mr.
- A. Good afternoon.
- 21 Q. I have listened carefully. We have heard a lot
- 22 about your release plans, and your growth in prison,
- 23 but I'm concern with a couple of things I did not
- 24 hear about.
- 25 Why did you participate in the search for your

- 1 wife, when you knew she was dead?
- 2 A. After I did what I did, I panicked. I didn't
- 3 know what to do.
- I contacted my father, and I told him that
- 5 had gone out. My father started making phone calls,
- 6 trying to figure this out.
- 7 Q. Wait a second, wait a second. You panicked and
- 8 you lied to your father?
- 9 A. Yes, ma'am.
- 10 Q. Okay, continue.
- 11 A. Not knowing how my father was going to react,
- 12 yes, I lied. My father was angry and volatile, and I
- 13 didn't know what to do. I was afraid, and that was
- 14 my dad, and I didn't know who else to call, so I
- 15 called him.
- Once he started the ball rolling, getting
- 17 people to get involved, I was afraid to say anything.
- 18 Now, I didn't know how to come forward. I didn't
- 19 know how to stop it.
- 20 Most of my time, during that search, was spent
- 21 in the house, was spent just doing busy things. I
- 22 wasn't participating, like, in the way of going out
- 23 and looking.
- I just didn't stop it. I didn't turn it
- 25 around. I didn't tell anybody, and it just

- 1 continued.
- 2 Q. You know, Mr. I've looked at some of
 - 3 the old transcripts, I have not looked at all of
- 4 them. I thought I read somewhere, and maybe I'm
- 5 wrong, so please correct me if I'm wrong, but there
- 6 were some days you were actually leading the search.
- 7 A. I didn't lead. There were days I did go out,
- 8 but not in any leadership way. Other people may have
- 9 said that, but that was not something that I did.
- 10 I'm not saying I didn't go out just to fake
- 11 what I had done, but I was just afraid to say
- 12 anything.
- 13 Q. And I might have missed this from earlier, and
- 14 I have read some stuff from the medical examiner, but
- 15 did you strangle your wife?
- 16 A. Yes. My arms around her neck, yes.
- 17 Q. Was she fully clothed when you strangled her?
- 18 A. No, she was not. She had gotten undressed.
- 19 She was changing her clothes, and we had this
- 20 argument, so, no, she was not fully dressed.
- 21 Q. Because I thought I saw something where you
- 22 undressed her and bathed her after she died; is that
- 23 wrong? I'm wrong about that, right?
- 24 A. That's not correct. That's not correct.
- 25 Q. So did you know she was dead?

- 1 A. Yes.
- Q. So the first thing you did was call your
- 3 father?
- 4 A. No.
- 5 Q. What's the first thing you did?
- A. I sat and thought about what I was going to do.
- 7 I thought to myself how nobody was going to believe
- 8 me, and I just panicked. So the first thing I did,
- 9 was I figured out how to cover it up.
- 10 Q. Now, you talked about things that you have
- 11 learned in prison, and now you've learned about
- 12 respect for others, correct?
- 13 A. Yes.
- 14 Q. And you have done a lot of programming, as
- 15 Commissioner Shapiro has had you point out, right?
- 16 A. Yes, ma'am.
- 17 Q. So now, after thirty years, what do you think
- 18 about the who would strangle his
- 19 wife, cover it up, pretend he was looking for her?
- 20 What do you think that says about respect?
- 21 A. thirty years ago, I don't
- 22 think had any respect. I don't respect who I was,
- 23 then.
- I would say that it took a long time for me to
- 25 get to where I am today. I don't like who I was. I



- 1 don't like what I did. I hate what I did. I hate
- 2 that I hurt people, and I hate what I did to people's
- 3 trust.
- 4 To this day, thirty years later, I still have
- 5 trouble, sometimes, forgiving myself. I don't
- 6 forgive myself.
- 7 So, no, didn't respect people, but
- 8 today I do. Today, I recognize what I need to do.
- 9 COMM. ALEXANDER: Thank you. Commissioner
- 10 Cruse?
- 11 BY COMMISSIONER CRUSE:
- 12 Q. Sir, as I was preparing my question for you,
- 13 Commissioner Alexander sort of began questioning in
- 14 the area that I was looking.
- 15 You said you did not lead the search. I guess
- 16 it's safe to say that you initiated the search,
- 17 right?
- 18 A. By calling my father, yes.
- 19 Q. We can keep going back and forth with that.
- 20 By committing the instant offense you initiated
- 21 the search, and then you were photographed, in the
- 22 newspapers, holding posters and asking for assistance
- 23 and information regarding the instant offense; is
- 24 that correct?
- 25 A. Yes.

- 1 . Q. And that would give you public appeal and put
- 2 your face all in the community and really attach you
- 3 to this incident as a victim, as well, in this
- 4 offense; is that correct?
- 5 A. Yes, sir.
- 6 Q. Throughout all of these appeals that you were
- 7 making for others to be of assistance, you never told
- 8 anybody that you were, in fact, guilty or involved in
- 9 the crime in any way.
- 10 How long did that appeal go on for, before you
- 11 were apprehended?
- 12. A. was found five days later, so that went on
- 13 for five days.
- I went to , a couple of days after that,
- on the 3rd of January. I came back on the 10th of
- 16 January, and I was arrested on the 11th. So it was
- 17 for five days.
- 18 Q. So you went to and came back five days,
- 19 after her being missing?
- 20 A. No. From the time that I did this, was
- 21 found five days later. A few days after that, after
- 22 her funeral, I went to
- Q. How long did you stay?
- 24 A. I stayed seven days in
- Q. And as soon as you came back, were you

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- 1 arrested?
- The following morning, yes. 2
- COMM. CRUSE: You must have had ample 3
- opportunity to share your guilt with people. I'm 4
- sure you were asked numerous questions within those 5
- few days, starting with dad. 6
- I've heard your response to Commissioner 7
- Alexander's question as to did you lead the search, 8
- 9 and why you didn't personally just report it, so I
- 10 have no further questions. Thank you.
- 11 CONTINUED BY COMMISSIONER SHAPIRO:
- Q. Okay, Mr. 12 we have covered a lot, a lot
- 13 of ground today. Is there anything else we might
- have left out, that you would like us to know, as we 14
- deliberate? 15
- 16 A. Just a couple of things, Commissioner.
- 17 Number 1, I want you to know, I want
- family to know, and my family to know, how sorry I 18
- 19 Thirty years later, I am still sorry. am.
- 20 The Commissioner asked me about me, thirty
- years ago. I'm ashamed of who I was. I'm ashamed 21
- that I have to sit here in front of you, today. I'm 22
- 23 sorry for that.
- 24 You talked about that I have a lot of support
- 25 and, yes, I do have a lot of support. And you're

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- absolutely right, I have hurt a lot of people along
- 2 the way. People are suffering, today, because of me.
- 3 All these years later, there are people suffering.
- 4 Commissioner Cruse said that I played the
- 5 victim and, yes, I did, but I'm not a victim. I
- 6 caused this and, again, I'm sorry for that.
- 7 The only thing that I want to add, besides
- 8 that, is you talked about opposition. The people
- . 9 that are still suffering are outspoken, and I wish
- 10 there was something I could do to ease their pain.
- I know there is nothing I can do, and I'm sorry
- 12 for that. I'm sorry that I can't take place,
- 13 and that I can't bring her back.
- 14 What I can say to those people that are hurt is
- 15 I'm sorry, and I want to give back in some tangible
- 16 way. I can't give back to them, I don't have that
- 17 opportunity. I can't give back to family, I
- 18 don't have that opportunity, but I am sorry.
- 19 When I read through my paperwork from years
- 20 ago, I read it with a different heart today. A few
- 21 months back I read through my Sentencing Minutes. I
- 22 was going through my paperwork, and I found the words
- 23 that spoke, uncle. I found myself
- 24 weeping because of the pain that I caused him,
- 25 cousins, her mom's sister.

1	I'd like to say, not to override that, but I
2	wish they could know who I am today. There is
3	nothing I could ever do to make up for what I've
4	done, but I wish they could know that I have changed.
5	COMM. SHAPIRO: Thank you very much for
6	that seemingly, very heartfelt remark.
7	We are going to deliberate, and we will
8	have something back to you in writing in a few days.
9	Okay?
10	THE INMATE: Yes, ma'am.
11	COMM. SHAPIRO: Good luck to you.
12	THE INMATE: Thank you, ma'am.
13 .	(Interview concluded.)
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22	Zi.
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24	
25	ANY NO.

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2 (After due deliberation by the Parole Board Panel,

3 the following Decision was rendered:)

4

5

DECISION

6

- parole denied. Hold 18 months.
- 8 Next appearance, 3/19.
- 9 Parole is denied at this time. You continue to
- 10 serve an eighteen-to-life sentence as a result of Murder
- 11 in the Second Degree.
- 12 The Instant Offense involved strangling your wife
- 13 to death following a dispute. You then wrapped her body
- 14 in garbage bags and dumped her into a field.
- 15 Instead of notifying anyone of your actions, you
- 16 deceived your wife's family and the community by
- 17 reporting her missing. This led to a community-wide
- 18 search and media attention.
- 19 Your actions, while over thirty years ago,
- 20 demonstrates a complete disregard and disrespect for the
- 21 law and sanctity of human life. The devastation caused
- 22 by your actions on Christmas Eve, in 1987, continues to
- 23 this day.
- This Panel recognizes, Mr. all you have
- 25 accomplished during your incarceration and are to be

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- 1 commended for that.
- 2 During your interview you were able to outline your
- 3 insights into your violent, deceptive and callous
- 4 behavior regarding your wife's death. Questions asked
- 5 during your interview need further reflection by you.
- 6 Consideration has been given to all statutory
- 7 factors that govern this Panel; including your COMPAS
- 8 Risk Assessment and Case Plan, numerous achievements
- 9 through the years, numerous letters of support from
- 10 family, friends, re-entry programs, facility staff and
- 11 volunteers, parole packet and plans, as well as
- 12 significant opposition to your release.
- 13 Discretionary release on parole shall not be
- 14 granted as a reward for good conduct or efficient
- 15 performance of duties while confined, but after
- 16 consideration of several factors.
- Weighing all required factors it is the opinion of
- 18 this Panel, that your release would so deprecate the
- 19 nature of the Instant Offense as to undermine respect
- 20 for the law.
- 21 (Commissioner Shapiro and Commissioner Cruse concur.)
- 22 (Commissioner Alexander dissents as to the length of the
- 23 hold.)

24

25

1	
2	CERTIFICATION
3	
4	I, Lori Ciofalo, Court Reporter and Notary Public
5	in and for the State of New York, do hereby certify that
6	I attended the foregoing proceedings, took stenographic
7	notes of the same, and that the foregoing, consisting of
8	23 pages, is a true and correct copy of same and the
9	whole thereof.
10	
11	Lori Ciofalo
12	Lori Ciofalo, Court Reporter
13	Dated: September 27, 2017
14	# A A A A A A A A A A A A A A A A A A A
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17	
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Schmieder & Meister, Inc. (845) 452-1988

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